

# You Don't Want to Miss **This Unique Event! Come Join Us For** Food as Medicine "A Recipe For Health"

Saturday, December 1, 2012 • 8 AM-2:30 PM

 A unique opportunity to meet over 20 integrative medicine practitioners practicing right here in southern Wisconsin.

## Featuring

- Inspiring presentations from leading integrative care physicians about the amazing impact of food on your health.
- Exclusive demonstration of "The Art of Healthy Food Preparation" luncheon prepared by Executive Chef Michael Feker.

effectively detoxify these disruptors.

• Special guest Venice Williams from Alice's Garden.

The Wisconsin Integrative Medicine Society Introduces "A Recipe for a Healthy Life" with our special guests:

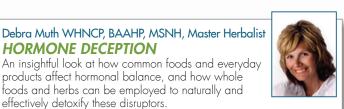
### Norman Schwartz M.D. THE HEALING POWER OF FOOD THROUGH YOUR LIFE SPAN Discover answers from ancient wisdom and modern

science about the role food and nutrition play in

activating your body's innate healing system.



HORMONE DECEPTION An insightful look at how common foods and everyday products affect hormonal balance, and how whole foods and herbs can be employed to naturally and



Debra Muth is a certified women's health nurse practitioner, and has earned a degree in Naturopathy.

### Susan Riegg M.D. FOOD FIGHT! NUTRITIONAL STRATEGIES



With over twenty years of practice in integrative medicine, Doctor Schwartz applies vast knowledge and expertise in treating complex chronic health problems.

### John Whitcomb M.D. THE ROLE OF FOOD IN REVERSING **HEART DISEASE**



Get a sneak preview of the emerging trend toward reducing and reversing the risks of heart disease and diabetes, and what steps you can take to improve your health and protect your future.

Doctor Whitcomb has 30 years of practice experience and is board certified with the American Academy of Anti-Aging Medicine, and in holistic and integrative medicine from the Scripts Institute.

FOR BEATING CANCER Discover the amazing power of nutrition in beating back the #1 cause of death in America, and how you

can use dietary strategies to reduce your risk of cancer. Dr. Riegg specializes in providing bio-identical hormones and medically managed weight loss with HCG protocol to her patients.

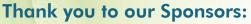
### Carol M. Brown, DO FOOD FOR THOUGHT

Here is something to chew on; everyone knows that what we eat is important to our health, but this provoking session will uncover how what you eat profoundly affects your brain.

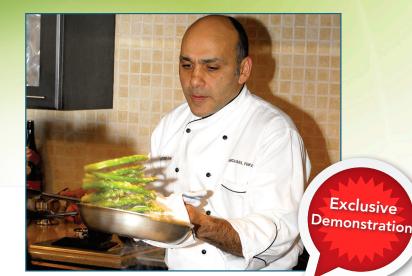


In addition to 35 years of clinical experience, Doctor Brown is trained and board certified in emergency medicine, holds a doctorate in integrative medicine and is board certified in anti-aging medicine.

### RECIPE HEALTHYPH HEALTHYPH







## **Executive Chef Michael Feker**

As owner and executive chef of IL Mito in Milwaukee, Chef Michael Feker has passion for cooking. Enjoy your lunch and Chef Feker's presentation on *"The Art of Healthy Food Prepartation."* 

### The Lunch

Chef Feker will pamper your palate with fresh ingredients prepared with passion. To see the menu and start your journey with us, visit www.foodpharmacy.us

## Don't Miss This Exciting Event!

Held at the Country Springs Hotel 2810 Golf Road, Pewaukee, WI 53072 Visit www.WisconsinIntegrativeMedicineSociety.com for more information.

## This Event Will Fill Up Fast. Mark Your Calendars!

Conference Registration Information		
Cost of Registration	\$75	Registration Deadline: November 17th, 2012
Early Bird Special (By October 22nd)	\$59.95	Event check-in: 8:00-8:45 A.M.

### 2 Ways to Register:

Register online at www.mdcustomrx.com and click on the "Recipe for Health" button

To register by phone or request a vegetarian lunch, call MD Custom Rx at 262-373-1050